



Get to know Birthright Counseling, St. Louis' Free Services for Women

Birthright Counseling, St. Louis is a non-profit organization providing free, confidential, and professional counseling as well as confidential services and assistance to women facing an unexpected pregnancy. Birthright offers positive alternatives to abortion. We believe it is the right of every pregnant woman to give birth and the right of every child to be born. We want for all women in the St. Louis area to be aware of Birthright Counseling, St. Louis as a safe place to work through the challenges of pregnancy and new motherhood.

PREGNANCY TESTING

- No cost, medically approved urine pregnancy tests
- Confidential results given to client within 15 minutes of test
- Women meet with a counselor whether their test is positive or negative

PROFESSIONAL COUNSELING

All counseling is provided by professional and licensed clinicians.

- Crisis Pregnancy Counseling
- Prenatal Counseling
- Infant Loss Counseling
- Counseling for Abnormal Prenatal Genetic Diagnosis
- Postpartum Individual and Group Counseling
- Post-Abortion Counseling

MELISSA'S SMILE PROGRAM

Counseling and Financial Support for a woman (family) who has received an abnormal prenatal diagnosis or who has a premature or full-term baby born with special needs or a serious medical condition.

- Assistance with medical costs and equipment
- Help with funeral expenses for a baby who passes away
- Grief Counseling

SCHOLARSHIP PROGRAM

Tuition Assistance for Birthright clients.

- 4-year colleges
- Health care career programs
- Trade schools and GED programs
- Tutors
- Textbooks
- Laptops
- Uniforms and Work shoes

FINANCIAL LITERACY PROGRAM

Classes provided by Enterprise Bank and Urban League.

- Matching Savings program provided by Birthright
- Financial Literacy Courses meet monthly to cover various financial topics

FINANCIAL ASSISTANCE PROGRAM

- Rent
- Utilities
- Transportation - Uber, Bus Passes, Gas Cards
- Laundry
- Food (Gift cards/Vouchers)

IN KIND ASSISTANCE

Layettes, Diapers, Wipes, Bottles, Baby Clothing, etc.

CLASSES AND COMMUNITY PARTNERS WORKSHOPS

- Labor & Delivery
- Infant Safety
- Breastfeeding
- Nutrition and Cooking
- Mom to Mom Group and more!

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